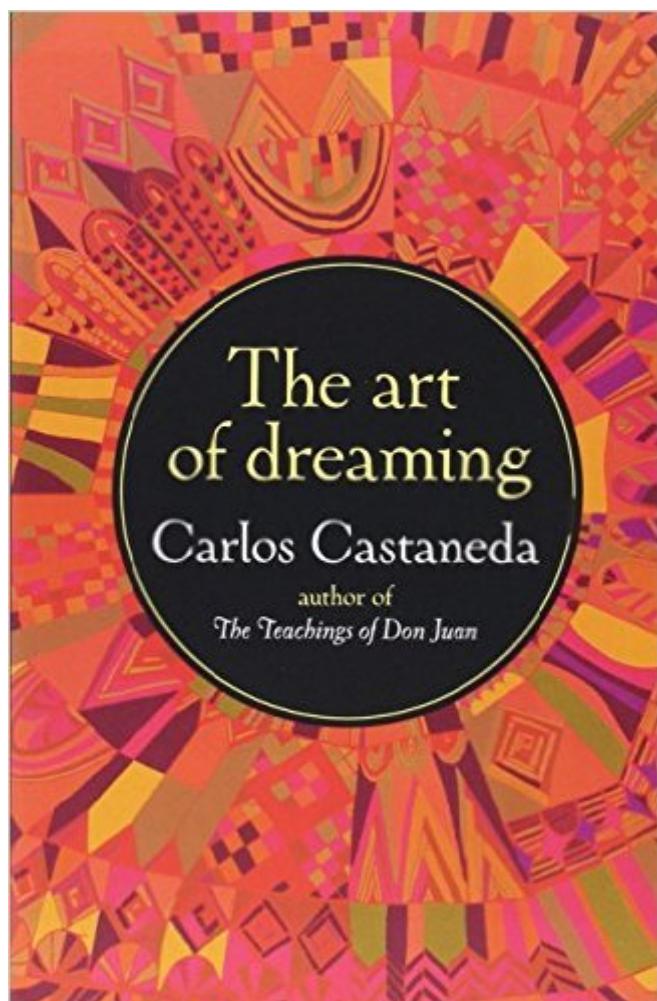


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# The Art Of Dreaming



## Synopsis

Bestselling author Carlos Castaneda introduces readers to the worlds that exist within their dreams.

## Book Information

Paperback: 272 pages

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Average Customer Review: 4.2 out of 5 starsÂ  See all reviewsÂ  (95 customer reviews)

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## Customer Reviews

I usually do not review the books I purchase - but seeing that none of the reviews, in my opinion, give this book enough credit, I will express why I believe this book is of extreme importance - especially to those whom intend to become conscious of the subconscious. Now, as suspected, there are a lot of rumors concerning the 'authenticity' of Castaneda's experiences with a Yaqui Shaman named Don Juan and the teachings he revealed. I however, believe them all to be non-relevant in this particular instance. The fact is, Castaneda has torn a gapping hole in many peoples way of perceiving what they ï¿  thinkï¿  to be reality. And because of this, many of the critics and ï¿  egosï¿  choose to turn their heads and deny any possibility that all we perceive is a just a very convincing hallucination.ï¿  The Art of Dreamingï¿  gives the reader a first hand account of what a ï¿  personï¿  is capable of, that is, if his/her intention is strong enough to overcome the illusion of space, time, and self, and in so doing experience that which underlies and goes beyond our normal illusionary existence without trying to give it an objective meaning. That said; I would like to justify why I believe (the majority of) this book is ï¿  authentic,ï¿  and not just a good writers imagination and I would also like to remind everyone that they travel to the fourth dimension every night when sleep paralysis sets in and there energy bodies float out into his/her own small corner of the astral realm which we refer to as dreaming. Anyone with any occult

knowledge will automatically realize the significance of the wisdom enumerated in this book. The organic beings are called larvae that only bother those which cannot control there own emotions and desires. The energy body is the astral body or linga sharira.

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